



The Witchcraft Course by Ginny Metheral Lesson 9: Warding



Home Warding

Warding is one of the most important spells that you will ever cast, so, to finish this course I want to concentrate on placing a permanent warding around your home. Proper warding will ensure that you live in a completely safe space, within which you can practice your craft. You will be able to work with other elementals and spirits knowing that they will never be able to harm, you, your loved ones, your guests and even your pets. Warding is a huge subject within magick and takes years to master (I speak from experience!). But, it is vital that you start your witchcraft path with the correct and necessary safeguards in place that warding gives.

What exactly is a Ward?

Wards are magickal walls that you erect around your home. They are permanent structures that last either for the life of the witch who made them, or until the witch removes them. They cannot be removed by another person/spirit without destroying

the maker. They are intrinsically bound to their creator. Wards are essentially circle magick combined with bubble work, cleansing magick, energy work and spirit communication. So quite complex, but the rituals are not difficult to perform in themselves.

What does a Ward do?

Wards keep out bad things. Exactly what bad things depends on the wards you cast. I once was in charge of some SERIOUS jewelry that I held in my house for about six months. I was terrified that someone was going to burgle me, so I put up a ward to make my house invisible to burglars, they would not notice my house and just pass it by. This spell worked SO well that no a single person found me during this time. No postman, no delivery driver, no friends – everyone forgot where I lived, and everyone would ring me and say ‘where are you, I cannot find you’.

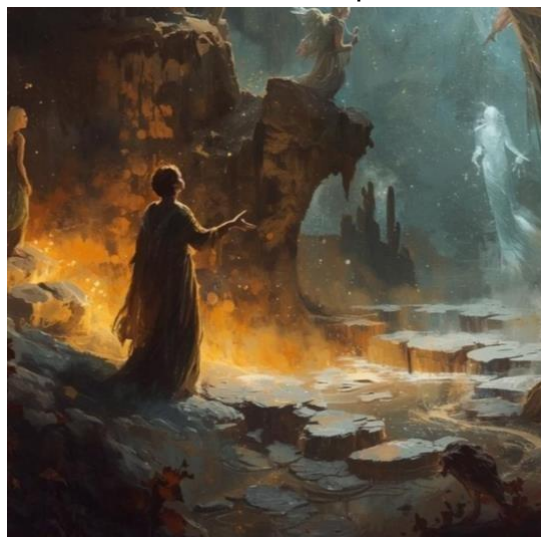


The wards we are going to put up, are those that keep out negative harmful entities and energies.

Throughout this course we have looked at all the basic components of warding apart from spirit work. So, in this lesson we will be focusing on connecting to the spirits that will help you raise your wards before you finally carry out the warding spell itself. I will then do one of my favourite activities which is looking over the wards that you have created and giving you feedback on how they have been made and look. Every single person’s warding is different – I have seen wards that looked like medieval castles, wards that looked like ocean waves and wards that were diamond panels reflecting the light. All are beautiful, personal and when done correctly - truly protective.



Wards are complicated by nature – the wards I have put around my own home took me about six months to perfect –



but then I have very specialised needs, which is obviously reflected in the warding. In this lesson we will be looking at a ward that will prevent anything harmful, negative, detrimental, or demonic from entering your

property. This is the basic Ward that everyone should have around their home at all times. People may go on to need different addons to the ward, but this first ward will keep you and all who enter your home safe.

It is also incredibly important to have wards up so that you can practice the craft and do spirit work. (If you want to talk with Great Aunt Marge – it is essential to know that it is **Great Aunt Marge** and not something **pretending** to be Great Aunt Marge).

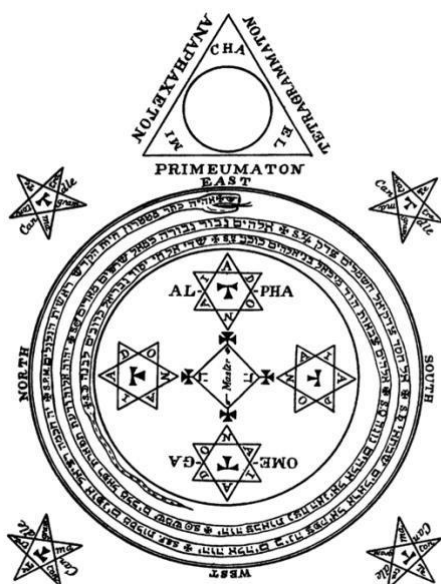
The Strongest wards are those that use not just the practitioners' magick, but also include the magick from spirits. I do not mean human spirits or deities, but those spirits that are created from the Earth - land spirits or angels. Therefore we shall look at a brief overview of spirit work and then meet the spirits who are going to help with this warding.

Spirit Work

At its core, spirit work is the intentional practice of engaging with spirits — beings that exist outside the ordinary material world. These can include:

- **Ancestors** & Spirits of the dead
- **Nature spirits** (of trees, rivers, stones, animals, etc.)
- **Deities** or divine beings
- **Elemental spirits** such as the Fae or Angels
- **Guardian Spirits**
- **Spirits of place** (local land spirits)
- **Demonic Entities** (Not Recommended!)

Sigil Summoning 72 Spirits from The Ars Goetia



It is a bit difficult to define all spirits as it is like defining all humans – there are so many - but you can sort of class them into the above list. This list is not definitive and you may well come across other benign spirits who do not fit into any category.

Spirit work is not tied to any one religion, it is a cross-cultural phenomenon found throughout human history. If every single culture, religion, tribe or population, have worked with spirits it would be foolish to deny their existence.

Examples Across Cultures

- **Shamanism (Siberia, Central Asia):** Shamans enter trance states to speak with spirits for healing, guidance, or community aid.
- **African Traditional Religions:** Practitioners work with ancestors and orishas (divine spirits) for protection and balance.
- **Indigenous American Traditions:** Spirit communication occurs through vision quests, drumming, or plant medicines.
- **European Folk Magic:** Cunning folk and witches communed with local spirits, ancestors, and faeries for healing or divination and guidance.



- **Chinese Ancestor Worship:** Ritual offerings maintain relationships with family spirits for guidance and prosperity.
- **Modern Paganism & Witchcraft:** Spirit work includes deity devotion, mediumship, and working with land or nature spirits.

In essence, spirit work is as old as humanity itself and rooted in our understanding that the world is alive and filled with consciousness.

Some Principles of Spirit Work

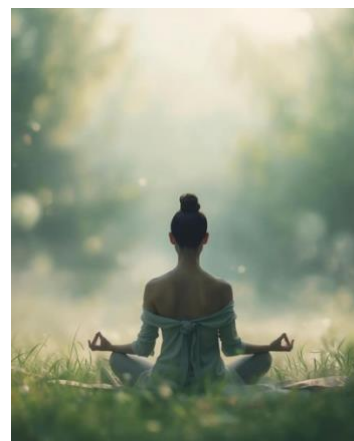
Though details vary by tradition, most spirit workers follow certain foundational principles:

1. **Boundaries:** Spirits, like people, have personalities and limits. Protection and consent are vital.
2. **Discernment:** Not all spirits are truthful or benevolent, hence why wards are erected in order to disallow these types of spirits into your home.
3. **Grounding & Cleansing:** Essential to maintain energetic and mental balance after contact and to ensure no contamination.
4. **Offerings:** Food, incense, water, or acts of devotion express gratitude and help focus your intent and contact. Although in my opinion this is not necessary for spirits, a simple thank you will suffice.
5. **Protection:** Wards, amulets, and prayers are used to ensure safety from harmful entities – all work well. For example you might use an amulet to protect you if you are outside of a ward. Prayer is excellent at removing harmful entities – it is the accepted practice which is actually witchcraft!

How Spirit Work Is Practiced

Different traditions teach different techniques, and the most common methods are:

- Meditation or trancework
- Dreamwork and lucid dreaming
- Divination tools (tarot, runes, pendulums, scrying)
- Ritual invocation or evocation
- Drumming, chanting, or dancing
- Creating sacred space or altars
- Offerings and libations
- Automatic writing or intuitive messages



We are going to be looking at using circle magick and your pendulum to communicate with the spirits we need help from.

Ethics and Responsibilities

Finally – A spirit worker should act with integrity and respect. They should **Never** force contact or control over spirits. Spirit workers are responsible for their own soul after death and therefore they should step far from practices that harm others in any physical emotional or spiritual way. This will help protect them after they have died from being attacked by demonic or negative entities.



My Warning

Any spirit practitioner who decides to delve into the darker side of spirit work is putting themselves at risk. If you consort with demonic entities and those that would harm, you are putting yourself at serious risk as follows:

1. You will be 'noticed' by the demonic entities and can be followed or marked; this is not only dangerous but causes untold misery.
2. You may be attacked and have an entity attach themselves to you.
3. Mental Health can be critically affected – there is not a single person who has tried to unalive themselves without having a demonic attachment.
4. Should you die and you have been 'noticed' by entities, they may be waiting for you. This can mean that you are literally dragged to Hell and there is little that you can do to stop this.

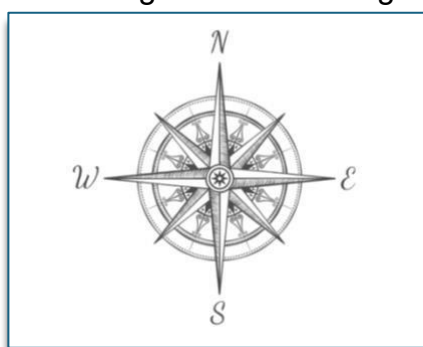
There is no such thing as practicing safe demonology. I have studied demonology and as a result have to ward my home and loved ones to the hilt. I am noticed by demons and have a 'price on my head' due to destroying them frequently, they attack me constantly and try to harm my loved ones. I cannot

recommend to anyone to enter demonic communication. No good will come of this, either in this life, and especially not the next. Playing with the occult can lead to:

- **Energetic drain or exhaustion**
- **Physical deterioration and death.** (I once ended up in hospital after a demonic attack)
- **Attachment or obsession** with spirits
- **Misinformation** (false messages or deceptive entities)
- **Psychological strain/psychosis**



So if I haven't put the Fear of God into you... let's get on with talking to the spirits.



As mentioned previously, there are many different types of spirits, you may already have talked with your own spirit guide or maybe you have communicated with fairies and other elementals. Great! You have a head start on how to communicate with other spirits. For our Warding spell we will need to call in and speak with the Guardians of the North, the South, The East and The West.

The Guardians of the Directions

Have you ever heard of Calling the Corners? Or Invoking the Watchtowers? This is when you ask the guardian spirits of the North, South, East and West to join you.

These are Earth Spirits who have dominion over the directions and provide safety and support to those that call on them. They are used in the rituals of Calling the Corners to help provide a safe space within which to practice. The Guardians are similar to angels in their feel. They are here specifically for our benefit and that of the Earth, to help keep us all safe. Our ancient rituals have established them to have affinity with the four alchemy elements:

North	Earth	West:	Water
South	Fire	East	Air

You are going to be calling in these Spirits to help with your warding, so let's first meet them!



Homework and Exercise 1:

For this exercise you will need your wand, your pendulum, your Book of Shadows and knowledge of where the directions of North, South, East and West are.

1. Think about which is your favourite direction – simply ask yourself do I like North, South, East or West best and whichever is the immediate answer, is your favourite. If you are struggling use your pendulum.
2. Using your preferred circle method, cast quite a large safety circle of **‘I cast this circle, let nothing that causes me harm be allowed within it’**.
3. Layer another circle on top to **‘help me communicate with the Guardians of the Directions’**.
4. Facing your chosen direction, stand at the edge of your circle (so you are facing into the circle not away from it) and out loud say “I ask the Guardian of the ‘x’ to join me in my circle”
5. Now you wait, this will not be long, the guardian will join you in the circle within 30 secs and most likely immediately. How do you know? You can feel that there is something/one there.
6. If you are struggling to sense anything, try massaging your third eye area gently and then asking them again. Stare intently at the area in front of you where they will be – you might see the air ‘shift’ like a heat haze on a road or you might get a strong ‘knowing’ that someone is there. You also might be able to see them just in your mind’s eye. Knowing a spirit is there is a feeling so if you start to feel different - pay attention.



The guardians tend to be tall (much taller than us) and often can be felt as almost a column of energy. Each direction will have their own individual feel to them and what I would like you to do is to 'get' this feel for each. Once the guardian has arrived, write down how you find them to be in your BofS. When you have got a good idea of how they are, out loud – thank them and ask them to join you in the future to help ward your home then say that you have nothing further for them and goodbye.

You may find that you hear/feel/know any answer they give you. Sometimes this is simply a 'yes I will help', or 'hello'. Other times you get a conversation. Do not worry if you get nothing – this is the first time you have communicated with a land spirit, the fact that they are standing in front of you is wondrous.

Do this exercise with each of the guardians, write the description in your BofS and let me know on Patreon how each seemed to you.

Remember:

1. Be respectful, they will be respectful of you so return the favour.
2. Speak out loud – you are not telepathic necessarily and may not be broadcasting your requirements properly for them to hear.

Congratulations! You have just spoken with some of the Major Earth Spirits. Old, Wise, Dependable, these spirits are some of the most used in the witch's pantheon.



The Warding Spell

Items required:	Wand	Packet of table Salt
	Pendulum	4 x Anchors

Please read through the whole spell first before casting to ensure that you have your timings and equipment right.

The principles of this spell are to bring in the Guardians and cast a circle.

Please do not deviate from the spell – this can negate its efficacy – even including loving messages or calling in other spirits can ruin the casting.

1. Timings



Warding spells are best cast at the right time of day for the witch. The 'right time' is when you are at your strongest magically and most powerful. It is incredibly easy to find the 'right time', - think about your favourite time of day? Mine is early morning just after the sun is tipped over the horizon – love it - for me this time is hopeful sunny and bright, and I feel bursting with energy. My mother's on the other hand was at midnight – this is when she was in her element, strong, alert, and at her finest. Yours will be your favourite time of day/night and this is when you will begin the casting of this spell.

The second thing to consider is the moon phase – you **may** or **may not** care to cast within the warding at your favourite time of the moon. If you decide not to involve the moon, this is fine, it is simply another layer to the spell, but you do not necessarily need it. My home warding has absolutely nothing to do with the moon at all!

2. The Anchors

Once you have decided on your timing, second on the list is anchors. Anchors are a physical tie between you and the Directions, holding everyone's energy in place, literally anchoring your prana to the spell. Anchors can be anything, a crystal, a statue, a lit candle, some incense. I would like you to choose each anchor that seems to be a good fit with each Direction. They can be all the same – my anchors were all carnelian tumble stones (carnelian is incredibly protective) but I choose each one carefully to fit their Direction depending on its colour/size and feel.



3. Cleansing

Before any magickal working (as you may remember from your lesson on cleansing) it is incredibly important to ensure that there is no negativity attached to you, your home and the anchors. That means it is time to clean, and sadly I don't just mean energetically, I mean physically as well.

Anchor and tool cleansing:

Sometimes crystals like a lot of cleaning, then charging in the sun, then being with other crystals to take on some of their energy etc etc. If you have decided on crystals as an anchor, bear this in mind that you might be waiting for them to cleanse for



several days. Use your pendulum to ask the stones what they need/want. Cleanse the pendulum first before you use it for this.

House cleansing

And then....clean your house, pay attention to those areas you may forget (under the bed, behind the toilet etc.). Cleaning removes negative energies effectively. Once you have scrubbed the home physically, you will now need to cleanse it energetically. Use your favourite incense/bells/rock music/whatever you prefer (if you need to, refer to the cleansing module) – remember to get into those dark corners and smoke out that dingy energy.

Cleansing Yourself

And finally, before you begin the actual spell, you now need to clean yourself – a ritual bath/shower is perfect for this, make sure you are sparkling clean all over. Then dress yourself in clean clothes – if you live with other people, **do not touch them** once you have cleansed yourself. Preferably don't interact with them at all in case you take on any of their negative energies. Warn them before if this is going to be a problem. Once you are all sparkling clean, give yourself a full body smudge for good measure (you can never be too clean)

Pets

People have often asked me whether it is OK to include their pets in this spell – and of course the answer is absolutely yes. Should you have animals that like to follow you about, do let them join you as you are casting. All animals have a bright natural



loving energy and this can only be to the good. If you want to cleanse them before (not really necessary as they have their own protections) you can give them a pass over with incense.

The spell itself will include all inhabitants of your home, so please remember to not change the words.

Checklist

- You have chosen your strongest time of day and moon cycle (if using)
- You have Established where the Directions are, met with them and have chosen a favourite.
- You have selected your anchors for each direction
- You have cleansed **everything**
- You have gathered all your ingredients together.



The Warding

At your chosen time, go to the approximate centre of your property and cast a circle

“I cast this circle to help me create my wards”

Stand in the circle with your anchors – you are going to charge your anchors with your own energy. Hold your hands over the anchors and ‘push’ your prana into them. I would suggest charging the anchors for a minute. Whilst charging them if you find your thoughts wandering to mundane issues such as ‘have I run out of milk?’ the charging will have finished. This might happen after ten seconds – this just means that you charge superfast and you can finish. If your mind does not wander at all, keep charging – you will know when it is finished.

Call the Directions

Ask the directions to join you by turning round slowly inside your circle, and calling out loud.

“I ask the Guardians of the North, The East, The South and the West to join me here and help ward my property”

Taking your all your spell ingredients go to the edge of your property where your favourite direction is. Stand facing out of your property towards the direction. Hold your anchor for that Guardian and call out aloud to them.

“I ask the Guardian of ‘X’ to join with their Brethren and help protect my home”

Once you have felt the Guardian be present, place the anchor on the ground/edge of the property saying

“I place this anchor as a marker of the boundary in honour of the Guardian of the ‘x’”

If your anchor is a flame this is when you light it, if it is a liquid, you can pour it onto the ground if outside. The act of leaving the anchor is its dedication.

Taking your salt, sprinkle a very small amount along your boundary line moving towards your next direction. If you are doing this inside and hit a wall simply start the salt sprinkle on the other side... likewise if you hit an obstacle when you are doing this outside, simply sprinkle salt up to it, and then start again from the other side. You do not need to sprinkle much, a few grains as you go is fine. Whilst you are sprinkling the salt continuously say out-loud

“Let no negative energies or entities, or anything that may cause harm to anyone herein be allowed within my wards”

This is the most important part of this spell, do not add to these words or change them. They are locked into to preventing anything that may harm you entering. It is also important to visualise a **bubble** going up and over your home as you sprinkle and speak the words aloud.

When you reach the next Direction repeat:

“I ask the Guardian of ‘X’ to join with their Brethren and help protect my home”

Once you have felt the Guardian be present, place the anchor on the ground/edge of the property saying

“I place this anchor as a marker of the boundary in honour of the Guardian of the ‘x’”

Sprinkle the salt along the boundary and repeat until you have done all four Directions then join the salt circle to your first (so you will have sprinkled salt around the whole of your home boundary in a complete circle).

Return to the centre of your home. Turning in a circle to face the directions say **out-loud**.

“I ask the Guardians of the North, the South, the East and the West to join with each other and help me to protect my home from all negative entities or energies or anything that may cause us harm So Mote it Be”

Congratulations

You have completed your home warding.

Write this spell into your BofS and let me know on messages how it went. You may feel a little tired after casting the spell as you will have used your prana for this. If so, just make sure that you sleep and relax to re-energise and let me know.

Testing:

When you first cast this spell it will be very ‘alive’ – you will be able to feel the spell as you walk through the warding. This will settle over time. I now only feel my wards when I tune into them as I pass through.

You can also use your circle testing techniques (hands out in front as you walk through) to test the spell. The wards will be thick so the edge of them might be further out than you thought. Let me know how you felt them to be on Messages.



Appendix: Further Reading & Resources

The following books, texts, and resources are recommended for students who wish to continue their study beyond the scope of this introductory course. Inclusion does not imply endorsement of any single tradition or viewpoint. Students are encouraged to read critically and explore a variety of perspectives.

1. Foundational Texts in Modern Witchcraft & Pagan Practice

- Buckland, Raymond. *Buckland's Complete Book of Witchcraft*. Llewellyn Publications.
- Cunningham, Scott. *Wicca: A Guide for the Solitary Practitioner*. Llewellyn Publications.
- Cunningham, Scott. *Living Wicca*. Llewellyn Publications.
- Valiente, Doreen. *Witchcraft for Tomorrow*. Robert Hale.
- Starhawk. *The Spiral Dance*. HarperOne.
- Lipp, Deborah. *The Elements of Ritual*. Llewellyn Publications.

2. Folk Witchcraft & Traditional Practices

- Gary, Gemma. *Traditional Witchcraft: A Cornish Book of Ways*. Troy Books.
- Huson, Paul. *Mastering Witchcraft*. G.P. Putnam's Sons.
- Pearson, Nigel. *Treading the Mill*. Troy Books.
- Artisson, Robin. *An Carow Gwyn*. Three Hands Press.

Note: Some texts in this category reflect specific cultural or regional traditions

3. Spellcraft, Magic, & Practical Technique

- Illes, Judika. **Encyclopedia of 5,000 Spells**. HarperOne.
- Miller, Jason. **The Elements of Spellcrafting**. New Page Books.
- Fortune, Dion. **Psychic Self-Defense**. Weiser Books.
- Frater U.D. **Practical Sigil Magic**. Llewellyn Publications.

4. Herbalism & Plant-Based Practice

- Cunningham, Scott. **Encyclopedia of Magical Herbs**. Llewellyn Publications.
 - Beyerl, Paul. **Master Book of Herbalism**. Phoenix Publishing.
 - Wood, Matthew. **The Earthwise Herbal**. North Atlantic Books.
 - Grieve, Maud. **A Modern Herbal**. Dover Publications.
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5. Mythology, History, & Academic Context

- Hutton, Ronald. **The Triumph of the Moon**. Oxford University Press.
- Eliade, Mircea. **The Sacred and the Profane**. Harcourt.
- Campbell, Joseph. **The Power of Myth**. Anchor Books.
- Leland, Charles G. **Aradia, or the Gospel of the Witches**. (Various editions)

6. Online Resources

- **The Pagan Federation** – <https://www.paganfed.org/> -educational materials on modern paganism
- **Patheos Pagan** – <https://www.patheos.com/pagan> essays and commentary from diverse practitioners
- **Druidry** – <https://www.druidry.co.uk/> resources on earth-based spirituality
- **Sacred Texts Archive** – <https://sacred-texts.com/index.htm> historical religious and occult texts

Students are encouraged to approach online material with discernment and to prioritize sources that emphasize ethical practice and personal responsibility.

7. Recommended Practices

- Maintain your Book of Shadows – they are fascinating to read in future years
- Divination practice for everyday use
- Regular observation of seasonal and lunar cycles (brings great joy)